



# Recyclable Materials



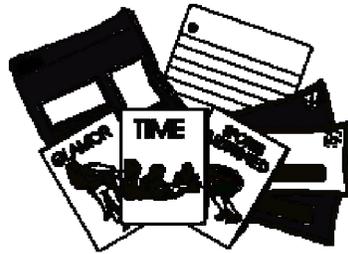
Please properly prepare and separate your materials and follow the instructions below.

## NEWSPAPERS AND MAGAZINES

Newspapers and inserts, phone books, magazines, catalogs, office paper, shredded paper, paper back books, hard cover books, flyers, glossy inserts, junk mail, wrapping paper, all types of office and school papers, colored paper, manila folders, coated (slick) paper, post-it-notes, window envelopes, colored bond paper, construction paper, colored copy paper, index cards, lined paper, legal pad paper, NCR paper, paper with printing/writing, and fax paper

**Preparation:**

Keep clean and dry



**NO**

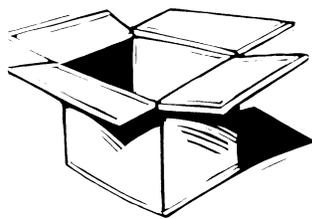
Tape, wire, string, plastic bags, or brown paper bags or envelopes

## CARDBOARD AND BOXES

All corrugated cardboard, paperboard (cereal boxes, paper towel tubes, shoe boxes, tissue boxes, cracker boxes and similar items), foreign cardboard and paper egg cartons, boxboard/ brown envelopes, paper feed and seed bags, and brown paper bags

**Preparation:** Keep clean and dry, flatten boxes.

Keep separate from newspapers



**NO** paper layered with plastic, waxed paper or paper towels/napkins/plates/cups, milk boxes; juice containers, wet or soiled paper

## GLASS

All types of glass and ceramics to include colored glass, dishes, cups, crystal, china, drinking glasses, pyrex

**Preparation:**

Remove tops and rinse. Recycle metal lids with cans and discard plastic lids. Labels are ok. Try not to break or crush glass bottles or jars.

**NO**

Mirrors, light bulbs, window glass, picture frames

## CANS

Aluminum cans, soda cans, aluminum foil, pie tins and plates other aluminum containers such as salad and cake containers

Tin Cans (steel) All food cans (vegetables, fruit, pet food, juice, coffee etc.) metal jar lids

**Preparation:**

All items must be rinsed, labels ok



**NO**

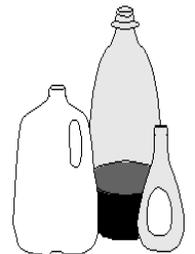
Paint cans, fuel containers, propane tanks or aerosol cans

## PLASTICS

All plastic containers with the exception of Styrofoam and plastic bags may be recycled

**Preparation:**

Remove tops and rinse containers. Please crush containers



**NO**

Motor oil bottles or other petroleum containers, plastic wrap, or Styrofoam, bags, or film.

For more information contact the NORSWB recycling center at 364-3645  
*Hours 8-5 Mon.—Fri. 8-1 Sat.*

Recyclables are collected every week for the town of Rumford. If a holiday falls during the week, collection is delayed one day.

## Safe Disposal of Needles

### Disposal of Medical Needles (ie: Insulin Syringes)

The safest way to dispose of used needles is in a "sharps" container. Sharps containers are available for purchase at many pharmacies and some companies offer "mail-in" programs for used needles.

If you are unable to purchase a sharps container, obtain a sturdy, puncture-resistant container such as an empty detergent or bleach bottle or an empty coffee can.

Drop used lancets, needles and syringes in container immediately after use.

Dispose of syringes as one unit - do not attempt to break needle off.

Do not attempt to remove, bend, or recap needle.

Store container out of reach of children.

Tightly seal container when 3/4 full.

Reinforce lid with heavy duct or electrical tape (completely cover lid to discourage people from opening or recycling the container).

Dispose of completely sealed container in the trash (be sure to place it in a trash bag first).

**\*Never** dispose of needles, sharps containers, or homemade needle containers in the recycling bin!



### DON'T FLUSH YOUR MEDS!



Located at the Rumford Police Station

Call 364-7408 for more information

## HOUSEHOLD HAZARDOUS WASTE

Leftover household products that contain corrosive, toxic, ignitable, or reactive ingredients are considered to be "household hazardous waste" or "HHW." Products, such as oil-based paints, cleaners, oils, batteries, and pesticides, that contain potentially hazardous ingredients require special care when you dispose of them. Improper disposal of these wastes can pollute the environment and pose a threat to human health. For more information on safe disposal of these materials contact the River Valley Healthy Communities at 364-7408



## NEW PROGRAM TO COLLECTION PAINT PRODUCTS

Beginning October 26, 2015

Paint must be in its original container and the container must have a label and a secured lid. We cannot accept open or leaking cans. Please review the following detailed list to find out what can be accepted prior to dropping off your paint at the Transfer Station/Recycling Center in Mexico.

- Interior and exterior architectural paints - latex, acrylic, water-based, alkyd, oil based, enamel
- Deck coating, floor paints
- Primers, sealer, under coaters
- Stains
- Shellacs, lacquers, varnishes, urethanes
- Waterproofing concrete/masonry/wood sealers and repellents (not tar or bitumen-based)
- Metal coatings, rust preventatives
- Field and lawn paints.

FOR MORE INFORMATION CALL 364-3645

## UNIVERSAL WASTES

(2 types)

### Mercury & Electronics

Mercury containing devices such as fluorescent lamps; thermometers, rechargeable batteries and mercury switches. Electronics such as computer monitors, TVs, VCRs. These items can be dropped off at the Recycling Center/Transfer Station at anytime.

